



A TASTE OF THE WORLD COOKING COURSES

DAY	Cooking details: MLC Master Class 4-AUTUMN
1	<p><u>A Taste of AMERICA</u></p> <p>Come along and join the Chef Explorer exploring the delights of REAL American cuisine (Not a Hamburger in sight!)</p> <p>Spend the morning preparing:</p> <ul style="list-style-type: none"> • <u>Boston Baked Spareribs and Beans</u>: A real 'Finger licking good' taste tantalizer! • Then <u>Cajun inspired Southern Fried/ baked Chicken</u> served with traditional American <u>Sweet Corn fritters</u> for Lunch • In the afternoon, it's time for Dessert and a trip along the <u>Mississippi</u> to make mini <u>Mud cakes</u>. • And if time we can go South into Ecuador who grow more bananas than anywhere else in the World to make an <u>Ecuadoran Banana pancake</u> • <p><u>Master Chef Challenge</u>- Who can spell Mississippi? Prove it by writing-piping icing on a plate to present your mud cake!</p>
2	<p><u>A Taste of Morocco</u></p> <p>Its time for a Taste of Africa and explore one of the tastiest cuisines in the world!</p> <ul style="list-style-type: none"> • Start by making a delicious starter of <u>'Minced Lamb and Feta cigar shaped pastries</u> • Then for lunch lets prepare a super Autumn warming <u>Chicken Tagine</u>, served with Cous Cous • For Dessert, Brendan will show you how to make a <u>M'Hanncha or Snake Cake</u> (Don't worry there is no snake in the ingredients!) • <p><u>Master Chef Challenge</u>- Who can shape the best Snake Cake?</p>



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<p>3</p>	<p><u>The Great British Bake Off!</u></p> <p>Join me for a day learning the skills of Baking. Just like the TV cooking show we will head off to Britain to make some classic baked items.</p> <ul style="list-style-type: none">• First to make the best <u>Scottish Shortbreads Biscuits</u> you will ever taste for Morning Tea break• Then for lunch we will head to Cumbria and Yorkshire to fry some tasty Cumberland sausages in the pan, then cover with Yorkshire Pudding batter and bake in the oven to make the famous '<u>Toad in the Hole</u>'. Brendan will also demonstrate how to make a tasty 'Gravy' sauce to serve with it.• Anybody like Cheesecake? Well, for Dessert lets head to Norfolk to the village of St Clements to pick some citrus fruit to make a '<u>Orange & Lemon Cheesecake</u>' <p><u>Master Chef Challenge</u>- Brendan will show you show to properly segment oranges like Chef do, and also make lemon wedges and garnishes</p>
<p>4</p>	<p><u>A Taste of the World Cup!</u></p> <p>This Summer the Soccerroos have qualified for the biggest sporting the competition on the planet again: The World Cup. So join the Chef Explorer Brendan as he explores great food from four of the qualifying countries, that you can prepare during the tournament. Starting with the Hosts Russia:</p> <ul style="list-style-type: none">• Lets make their classic and delicious <u>Beef Strogonoff</u> for lunch. Served with:• A Taste of France with <u>Rice Pilaff</u> and a <u>Salade Nicoise</u>.• A Taste of former World Champions Spain and the best <u>Serrano Ham and Cheese Croquette</u> you will ever taste• Then for Dessert it is over to a country who



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	<p>claims to produce the BEST CHOCOLATE IN THE WORLD! Its off to Belgium to make a <u>Belgium Chocolate Cake</u></p> <p><u>Master Chef Challenge</u>- Brendan will show you how to shape 'Quenelles' like Chefs do when we shape the Croquettes.</p>
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